

NEWSLETS | OCTOBER 2019



NewsLETS is BrisLETS' monthly roundup of events, achievements and plans

The main stories in this newsletter are in the Newsfeed on the website: <https://brislets.com/news/>

Getting started with your BrisLETS involvement

When you join BrisLETS, it can sometimes take a while to adjust to a different way of thinking about getting what you want or need—and what you can offer to get the “currency” you require for trading.

Perhaps you are still stuck in comparing LETS to mainstream business. Is that your perception? Sometimes it can just be a small detail that holds you back.

Think about what you DON'T do or have because of this small detail. What could you contribute if something was done to allow it?

Are you thinking of what you DO need, or love doing, and figuring out how to get it or get going? What niggling dream or interest do you have that is not being encouraged in your “real” world? What have you been told you can't do because you don't have this, or what skill or market or support is missing?

For example, you might have an event you would like to attend, but can't afford accommodation. Look for this in other LETS groups, as we are Australia-wide. You can place an ad in the appropriate LETS group with the date, location and other relevant details. Then start looking at the local Wants to see what you can do to earn units. Or you could place your own offers.

As they earn units, they might have other value as well, such as decluttering, which could move you to other goals like living off-grid or starting a business.

If you can put it into words, speak up! Others probably have the same need and would appreciate you identifying it! Can you identify if it is a thing you need or want done? Perhaps it is something you need to do or be? Maybe you need to be part of a group and feel included, understood, motivated, perhaps by a mentor?

Once you have identified your block and removed it, your next step is to read the current Wants and see what you may be able to offer, then design your offer.

You can always change it, or talk with other members about how they perceive it.

The main thing is to have a go, with the intention of learning as you go.

And if what you need or want is not listed, you could ASK for the service or goods you have in mind.

We have a BrisLETS Members Forum private group <https://www.facebook.com/groups/1180878222106353/> where you can ask questions, make suggestions or seek information.

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- Step 2 of the visioning workshop 12 noon 20 Oct
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DEADLINE

for next NewsLETS stories, notices and reports:

Sun 24 Oct 2019

for publication on
Sun 1 November 2019





Hope to see all your smiling faces at Step 2 of Lillian Geddes' visioning workshop on Sunday 20 October.

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The answer's always NO until you ask

Don't know what to do? Ask a mentor. [Liz Stanhope](#) or [Suzanne Gallagher](#) are passionate about helping members get trading!

Perhaps you're motivated to help your community? Talking about it might allow others to add value to your ideas, or offer a solution you may not have

thought of.

Would you love to go away, but don't know anyone you trust to house- or pet-sit? Trading days allow you to meet people and see how they interact face-to-face to check them out before approaching them. Read their references or ask other members who use pet- or house-sitters.

Do you want to attend a retreat, or receive training? It's amazing what members do, or who know what

others do or are involved in. So if you are wondering, just ask. What's stopping you?

If lack of transport is holding you back, look on the CES map to check out which members live near you. Contact them and ask if they are going to the next Trading Day. This might be a great way to make a very good friend as many great friendships have started in BrisLETS!

—Jessie Scott, BrisLETS President

CHEESECAKE RECIPE

(Background: Jessie Scott made this and brought it to the September Visioning Workshop. It was so popular that she is sharing the recipe.)



Base:

- Crush 250 g plain sweet biscuits (e.g. Nice).
- Mix with 2 tsp icing sugar, 2 tsp powdered milk and ½ tsp nutmeg.

- Melt 125 g butter and mix in.
- Grease plate, tip in mixture and press out to evenly cover base and sides of the dish.

Filling:

- Put ½ cup warm water in saucepan.
- Stir in 1 cup powdered milk and ¾ cup sugar.
- Stir and cook for approximately 6 minutes on medium heat until it looks like condensed milk.
- Beat 250 g softened cream cheese, then add in the milk mixture and beat until smooth.
- Add the juice of 1 lemon and beat for 30 seconds. It should be starting to thicken.
- Fill the base and put in the fridge to set.

You may use a Thermomix to make the cheesecake.



Quirky little stocking-fillers for readers

Are you an avid reader, or encouraging your kids or grandchildren to read more?

Or even looking for a quirky gift for that book-loving friend of yours?

I am offering these animal book markers for only 5 units each.

They are (back, from left to right): seal,

snake, hippo, zebra, giraffe, monkey

Front, from left to right: dog, pup, shaggy dog, bulldog, lion, tiger

—Suzanne Gallagher BLCE0013



New members joining in September 2019

Anita Miranda, BLCE0055, Woodridge: offers massage, cupping and trigger point therapy

Grania Sexton, BLCE0049, Russell Island, no offerings listed. (I'll try to find out asap)

Timeline for Step 2 of the the Visioning Workshop



- setting up from 12 noon
- passing finger-food around; getting drinks. (Please bring something to share.)
- Lillian Geddes starts her presentation at 12:15 pm—same format as last time
- workshop wraps up at 1:45 pm
- trading from 2–4 pm.

Auction idea creates high interest

From November, I will be holding an auction at Trading Days.

Do you have any items you'd like to be auctioned? A few members have indicated they would like to participate. I'm hoping that all the auction items for the following month can be viewed at the next Trading Day. Please get in touch so we can collect your item.

First auction item

Let me show you my piece (right). I have a mannequin covered in a fabric with a glittery unicorn design.

It would be the perfect statement piece for your craft/ sewing room.

Or perhaps in your bedroom: you could hang your clothing and necklace on it, ready for the next day.

And if it was in your office, you could pin unmissable notes on it.

For the teenager in your life, it would be an amazing gift. No one would double up on that idea! Who wouldn't want one of these?

Other offerings

I also sell fresh fruit and veg at the Trading Day. Choose what you need on the day!



And these gorgeous and unique items (pictured, below) are from my New Zealand friend Liz Downey, ceramic artist.

You may remember my selling some of her beautiful mugs etc. at a recent Trading Day.

—Suzanne Gallagher



Prep for Step 2 of the visioning process

Ahead of Step 2 of the visioning workshop on the Trading Day on 20 October, please discuss and consider the mix of needs that can be met by BrisLETS:

- “things” (goods and services) that can be acquired through trading
- the “doing”, as being part of the organisation
- the “feeling” through belonging etc. (See the article in Members forum.)

Next workshop will take all the ideas into consideration and pull together the vision.

Considering human needs

To make this clearer for myself, I was just listening to Tony Robbins talking about six human needs, for:

1. Certainty: e.g. comfort, stability, safety, predictability, a roof overhead, a job
2. Uncertainty: variety, having your mind stretched, environment, people, vacation
3. Significance: feeling worthy, recognised, special; winning; being successful; doing the right thing
4. Love and connection with a

partner, family, or group

5. Growth: learning, expanding your mind

6. Contribution: giving beyond yourself.

I feel that BrisLETS works because it gives you the opportunity to meet all these needs on different levels.

How can you stretch yourself to gain significance by contributing to BrisLETS?

It's great to see how members are expanding and connecting by working together to offer workshops to meet needs!

Redefining BrisLETS roles

Through the Vision Workshop, we are also redefining the many roles that make up the formal (visible) framework for the BrisLETS management support team.

Please contact me if you are interested in taking on a role, or have skills to teach us.

It doesn't matter what the big picture is; it's more about what part you can contribute.

Once we have the vision, all the little bits add up.

The vision will change the current written description of the roles, so considering all those jobs will give you the chance to participate.

The skill you contribute might then evolve into one to

include on your resume ... getting a paid job ... setting up an online business ... The possibilities are endless!

We especially need someone who knows WordPress so Andrew Gaydon can train them to operate the BrisLETS WordPress website and its various programs.

Kathryn Spencer is giving us the skills to operate the CES website.

So whatever you can contribute, we can build on.

Finally ...

Slack was used by the last committee to keep track of conversations, and record our history. It also has the ability to add in other apps. We will continue to use Slack.

We want to create checklists for all the events, functions of the websites, newsletter, membership, etc. so people doing the roles can come and go while allowing the organisation to continue to function effectively.

Checklists allow us to see what needs to be done, what has been done and how it is done.

Is anyone interested in helping us to create those, using Trello? Have you used Trello before for similar purposes? How did you find it?

—Jessie Scott, BrisLETS President



Mushroom compost: expressions of interest sought

I am looking at buying in a truckload (10,000 litres) of mushroom compost on behalf of my own family

facility. That's a heap of mushroom compost! Before we make a decision, we're seeking expressions of interest from others. Is anyone interested in getting some for units? Please let me know!

—Suzanne Gallagher

It costs real money to use the Peace Hall

Your BrisLETS committee has been discussing the cost of the hall and ways to pay for it.

How can we add value to make best use of the space at the hall, attract more members to attend Trading Days, and meet the various needs of members in the light of the recent visioning workshop's concepts of "things", "doing" or "feeling"?

Now Suzanne Gallagher is following through on Liz Stanhope's brilliant idea for an auction.

See separate story ("Auction idea creates high interest") in this newsletter. Another person wondered if members would like to do tai chi, or get a foot and ankle massage. Storytelling is scheduled to return in November.

Want to conduct a workshop?

We have had lots of workshops in the past; for example, how to

establish worm farms, ideas for creative sewing and how to start writing your life story.

By simply teaching what they know, members become known and included.

These workshops have even led some people to launch a new business.

What do YOU want to learn?

What could YOU teach?

Please let us know.

Workcover



If you, as a private individual, employ an individual (not a business) to work in or around your home (cleaner, ironer, gardener, labourer etc.) you would be wise to consider household worker insurance. This costs about \$50 for two years and is issued by WorkCover Queensland. This can be organised over the phone by calling 1300 362 128 or online via <https://ols.workcoverqld.com.au/ols/public/newBusiness/hhw.wc>

Committee contacts to use:

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